

Types of Hormones

- **Amino acid based** – most hormones belong to this class, including:
 - Amines (Tyrosine: Catecholamines and Thyroid hormones, Tryptophan: Melatonin)
 - Polypeptide hormones
 - protein hormones
- **Steroids** – Derived from Cholesterol, gonadal and adrenocortical hormones
- **Fatty acid derived:** Eicosanoids, derived from arachidonic leukotrienes and prostaglandins