

# “Dwale”

- Europeans attempted to relieve pain by hypnosis, by the ingestion of alcohol, herbs, and extracts of botanical preparations, and by the topical application of pressure or ice.
- combination of black henbane (*Hyoscyamus niger*), opium poppy (*Papaver somniferum*), and hemlock (*Conium maculatum*) used at Soutra Hospital in the border region between Scotland and England, together with bone fragments.